

"You will do the works that I do and greater works than these." (Jn. 14:12)

# SABBATH AND REST

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**Sunday, October 10, 2021**

**10:00 AM in person and on YouTube**

Luke 13:10-17

Including a ritual to rekindle our Sabbath and self-care practices.



GOD IS HERE

## DEACONS, USHERS, & GREETERS

Carl Shippee, Emily Lynch, Carole Blackman, Susan Bliss

### FLOWER DEDICATION

The flowers this morning are given in loving memory of Robert Lawson by Nancy Lawson and Beth Marascio.

#### WARM CLOTHING DRIVE

Your extra, gently-used warm clothing is needed by the many men, women, and children living in our shelters. Now is the time to go through your closets. What no longer fits you will be a dreamed-of gift for our shelter residents. Coats, jackets, sweat shirts, hats, gloves, warm pants. If your family has needed it and used it in the past, another family will need and use it now. This collection runs from **October 10 to November 7**. For questions, call Debbie Nichols, 508.429.4602.

#### FREE MULCH

The Plymouth House Nursery School renovated their playground this summer. We have a lot of leftover mulch and we need help getting rid of it! Anyone who would like to take mulch can take as much as they want. All the mulch needs to be gone by next Wednesday, **October 13**.



**TANZANIA ON TAP**

**SATURDAY, OCTOBER 16**

**FOOD \* MUSIC \* BEER**

**ADMISSION \$20**  
**6:00-9:00 PM**  
**FOOD & DRINKS FOR PURCHASE**

CATCH UP WITH THE  
**THE AFRICA EXCHANGE PROJECT**  
INCLUDING PROGRESS ON  
THE SCIENCE CENTER

FEATURING MUSIC BY  
*Cindy Lou*

**Exhibit 'A'**  
Brewing Company

**Sentie's Kitchen**  
*King of African BBQ*

**AFRICA EXCHANGE PROJECT**  
africaexchangeproject.org

**BBQ**

THIS EVENT WILL TAKE PLACE  
OUTDOORS IN THE BEER GARDEN  
OF EXHIBIT 'A' BREWING  
COMPANY: 81 MORTON STREET  
FRAMINGHAM, MA



**Wonka**

**GOLDEN TICKET**

DATE	TIME	PLACE
SEPT. 12	10 A.M. (SHARP)	SANCTUARY

THE PLYMOUTH CHURCH IN FRAMINGHAM | 87 EDGELL ROAD, FRAMINGHAM, MA | 508.875.0564 | plymouthchurchframingham.org

#### GOLDEN TICKET RECIPIENTS

**"You will do the works that I do and greater works than these." (Jn. 14:12)**  
Keep those prayers streaming to Alison Simons (and Jackson), Jessica Cloutier, Elaine Lowell, Shari Van Hook, and Beth Marascio. Offer them your support, encouragement, and ideas!

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# Sunday, October 10, 2021

Eighteenth Sunday after Pentecost

Prelude

"Trust," Neumark/Summers

Welcome & Announcements

Unison Psalm of Invocation

So teach us to count our days that we may gain a wise heart.

Turn, O Holy One! How long?

Have compassion on your servants!

Satisfy us in the morning with your steadfast love,  
so that we may rejoice and be glad all our days.

Make us glad for as many days as our affliction,  
and for as many years as we have seen evil.

Let your work be manifest to your servants,  
and your glorious power to their children.

Let your favor be upon us,

and prosper for us the work of our hands—

O prosper the work of our souls!

(Psalm 90:12-17)

The Peace of Christ

Message of All Ages

Scripture Reading: Luke 13:10-17

Sermon: "Be Still"

*Weekly gifts and pledges can be placed in the Offering Basket in the back.*

Song

"Higher Ground," Gabriel/Hayes

Land Acknowledgment

Prayers of the People & The Lord's Prayer

Benediction

Postlude

"Praise And Thanksgiving," Gaelic Melody/Wood

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A black and white photograph showing the silhouettes of people on a beach. One person is performing a handstand, while another is sitting on the sand. The background shows the ocean waves.

## A Simpler Way

“We will change our self if we believe that the change will preserve our self. We are unable to change if we cannot find ourselves in a new version of the world.”

This week we explore Self, reading pages 46–54.

A close-up photograph of a person knitting with a red fabric. A blue thread is being used to create a hem or a decorative edge. A knitting needle is visible on the left side.

## Mending Church

Discussion Questions:

- What did you do for rest/Sabbath?
- What can you do to rest now that the world is getting busy again?

Mary's color is **BLUE**, for peace and patience.

A close-up photograph of green grass, which serves as the background for the bottom right section of the page.

## Games & Activities

What percentage of a koala's life is spent sleeping?